

*New Reflections Plastic Surgery*

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***DRAIN CARE RECORD SHEET***

DATE	DRAIN 1	DRAIN 2	TOTAL

**Please bring your recording sheet to the office each time you visit until all of the drains are removed.**

The amount and color of drainage will vary usually starting bloody and becoming lighter and clearer.

Monitor and record drainage at routine intervals or when they become 3/4 full.

Initially you may need to record drainage every 8 hours and then transition to every 12 hours.

Also record and report to the office any significant changes in drainage amount or quality.

Strip the drains every time you empty them to keep any clots clear from the long tubing.

Keep dressings over the drain exit sites to preserve and protect your clothing.

You may shower with your drains. Simply replace any dressings over the drain exit sites after washing.

You can travel with your drains. Simply clip or fasten them to your clothing with safety pins or clips.

If you have any questions please call the office and we will assist you

Name\_\_\_\_\_